

## **SENIOR ATHLETICS TIMETABLE 2017**

9:10	1500m (straight final) Classes assemble in front of Pavilion at Riverhead Domain for roll check, numbering and briefing. Please note that this year the track position has changed and we won't be able to use the bank to watch. Signs will be out for year levels near new track.			
9:30	Heats for 100m, 200m (all age groups)			
	Year 5 boys = 5 heats Year 5 girls = 4 heats Year 6 boys = 7 heats Year 6 girls = 4 heats Year 7 boys = 3 heats Year 7 girls = 3 heats Year 8 boys = 3 heats Year 8 girls = 2 heats Total = heats			
	Year 5 Boys= 34 Girls= 33	Year 6 Boys= 49 Girls= 32	Year 7 Boys= 22 Girls= 24	Year 8 Boys= 19 Girls= 16
10:45	Shot Put	High Jump	Discus	Long Jump
11:15	400m (straight final)			
11:15	Long Jump	Shot Put	High Jump	Discus
11:45	Discus	Long Jump	Shot Put	High Jump
12:15	800m (straight final)			
12:15	High Jump	Discus	Long Jump	Shot Put
12:45	Lunch			
1:15	Finals for 100m and 200m			
1:40ish	Relays: Houses for a start with Teachers and parents (classes if we have time)			
2:30	Pack up and leave			

Please note:

- Race Marshalls place athletes in their heats while 1500m race(s) are under way. Use the sheets provided. If students are absent, the lane will be left empty.

- There will be no “official” morning tea. Students can eat after they have finished their sprint race heats or during field events. Please encourage water
- 100m, 200m and all field events are compulsory.
- Runners for the 400m and 800m will report to their field event first and then make their way to the race start. This will be announced over the speaker when the music is turned down. They return to their field event following their race. Teachers running field events **must** allow these runners to have their turn(s), when they return. It can be consecutive attempts.
- Runners in 1500m, 800m and 400m **MUST** be pre-registered
- Heats of 100m and 200m will be timed. All runners will receive a stop watch with their time to take to the recorder. Fastest 8 times overall will be through to final. Finalists will be announced/called during the lunchbreak.
- **For field events please check correct weight for year groups for shot and discus.** You will be provided with the weights and qualifying standards. We need them using correct weight for qualifying standards for zones, especially the year 7/8